COURSE OF STUDY

DANCE MOVEMENT THERAPY M.A.

STATE APPROVED UNIVERSITY
HELPING CREATIVELY – WITH DANCE MOVEMENT THERAPY

Dance movement therapy is the (psycho-)therapeutic use of movement to further the emotional, cognitive, physical, and social integration of the individual. It is also an emerging scientific process in the academic world with ancient historical roots.

Health care facilities and therapy centers around the world are increasingly incorporating creative arts therapies into their programs as these therapies continue to demonstrate their efficacy.
The Dance Movement Therapy master’s degree at SRH University Heidelberg is grounded in the evidence-based practice model of the health sciences. It also includes phenomenological and cognitive science approaches. The program requires completion of 120 credits (ECTS) of coursework, culminating in the degree “Master of Arts in Dance Movement Therapy.” A close collaboration is fostered with the Music Therapy Master’s degree. Cooperation is also possible with the other classical therapies in our school: physiotherapy and occupational therapy.

SRH Heidelberg University – Your Alma Mater
As one of the oldest and largest private universities in Germany, we set the standards in education. We impart knowledge to further your educational and professional life: applied, practice-oriented, innovative, and creative. The close collaboration between students and faculty is particularly important to us.

What is our conception of success? We offer new, practice-oriented areas of study, individual supervision, and a seamless transition into the work field. Our students are equipped with the best chances to enter the world of work, with a large network of collaborating institutions, both in Germany and worldwide.

School of Therapeutic Sciences – Your School
The diversity of therapeutic approaches within an integrated school – music therapy, dance movement therapy, physiotherapy, and occupational therapy – offers the best conditions for a modern, interdisciplinary understanding of patients, health and healthcare, and treatment options.
Not only do we offer undergraduate bachelor and graduate master degrees, but there is also the opportunity for a doctorate within existing cooperations with other universities.
Practical and applied learning
In our teaching clinic, German-speaking students can apply their knowledge in direct contact with clients. The treatment focus of the teaching clinic is diverse, covering health issues from chronic pain to psychiatric disorders, from tumor diseases to neurodegenerative disorders (e.g., stroke, Parkinson’s disease), and from physical disabilities to eating, learning and developmental disorders. The integrated supervised clinical training within the program guarantees that hands-on practical work experience is obtainable during your studies.

Foundation in health sciences
Alongside practical skills, in our program you will also gain specialized knowledge in psychology, health, and neurosciences, which will equip you for work in most any clinical setting. Our approach to dance movement therapy is evidence-based, and our goal is to prepare you as comprehensively as possible for your professional life.

Be ready today for tomorrow!
Profit from our interdisciplinary context: connect with students from other therapies, disciplines, and countries and develop your skills for tomorrow. Here with us, you will receive the best preparation for the challenges of working life. We will prepare you for the professional and personal demands of dance therapy practice through experiential learning and supervision.

Professional Membership
The degree program is recognized by the German Professional Organization for Dance Therapists (Berufsverband der TanztherapeutInnen Deutschlands e.V.) and contains 150 hours of Laban training and 50 hours of theory in self-directed study groups and tutorials. Professional membership in this organization has specific additional requirements:
- 180 hours of continuing education in dance
- Minimum age: 28
- 130 hours of additional self-experience training
DISCOVER THE CORE-PRINCIPLE: A NEW STYLE IN LEARNING
STUDYING COMPETENCE – THE CORE PRINCIPLE

The CORE Principle – Competence Oriented Research & Education – places the acquisition of occupational competence at the center of your studies. This approach goes far beyond the delivery of theoretical knowledge. After your graduation, you will start your career with a great sense of self-confidence. Our students possess everything for a successful career: knowledge, competence, expertise and key skills. Our students are self-assured about their abilities.

Key Success Factors of the CORE Principle:

1. Activating Teaching and Learning Methods
   To ensure that acquired knowledge will be retained, you are instructed using a practical approach (case studies, team projects, role plays and presentations).

2. Competence-Based Methods of Examination
   From the abundance of assessment methods available (oral examination, presentation, projects), we select the method that best reflects the relevant competencies.

3. Subject-Focused 5-Week Blocks
   Instead of having to deal with numerous subjects at the same time, you can focus entirely on a maximum of two topics within one 5-week block.

4. Close Professional and Individual Supervision
   We will guide you both professionally and individually throughout your studies and assist you in organizational matters. A qualified mentor will accompany you from the beginning of your studies. Moreover, you will receive individual coaching and professional guidance from our career service.
The academic year is divided into eight blocks. Within each block, a maximum of two classes run parallel. Self-exploration, supervisory, and intervisory processes foster the development of a professional therapeutic personality. The degree starts with a 14-day preparation module which introduces you to the university, the school, and the teaching faculty.

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<th>Block</th>
<th>1</th>
<th>2</th>
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<td>1st year</td>
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<tr>
<td><strong>Module title</strong></td>
<td>Introduction</td>
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<td><strong>Module title</strong></td>
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<td>Assessment and Clinical Practice with Children and Adolescents</td>
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<td>Arts Therapies and Specific Applications</td>
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<td><strong>Credits</strong></td>
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Throughout the degree, self-experientials and supervision are offered alongside content and methods. Students are encouraged to participate in individual therapy as well as dance movement trainings and programs. Our entire program comprises 120 ECTS credit points.

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<th>Block</th>
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<td>Clinical Psychology II (Psychiatry, Psychosomatics &amp; Psychotherapy)</td>
<td>Neurology and Quantitative Research Methods</td>
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<td>Clinical Placement</td>
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<td>Module 08: Movement observations and Movement Analysis</td>
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<td>Block</td>
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<td>6th year</td>
<td>Evidence based Clinical Practice</td>
<td>Assessment and Clinical Practice with Children and Adolescents</td>
<td>re-examinations and holidays</td>
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<td>Arts Therapies and Specific Applications</td>
<td>Advanced Placement (Clinical or Research)</td>
<td>Thesis</td>
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<td>Professionalization, Law &amp; Ethics</td>
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<td>Credits</td>
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<td>6+2 CP</td>
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INVEST IN YOUR FUTURE

Tuition fees
We are a private state-approved and accredited university. The tuition fees enable us to offer a optimized environment for studying and learning. You can find more information on tuition fees for current degree programs at www.hochschule-heidelberg.de.

Financial options
Alongside the popular BAFöG grants, you can also fund your studies through scholarships from different foundations, and/or student loans. Please consult the international office to determine what may be the best options for you:
- BAFöG
- KfW student loans
- Studenten-Bildungsfonds
- Various scholarships (see scholarship database of the DAAD)

Moving forward
After completing a Master’s degree in Dance Movement Therapy, outstanding students may pursue PhD studies through our network of university collaborations.

Quality in Teaching confirmed
In the interest of consumer protection, Germany also ensures that private education providers guarantee a high scientific standard. This is certified through institutional accreditation of private universities by the German Scientific Council. The Scientific Council institutionally reaccredited the SRH University Heidelberg in 2009. In addition, the SRH University Heidelberg re-accredits all bachelor and master degree programs within the school.
Typical practice settings for our graduates:

- Psychiatric hospitals
- Psychosomatic and psychotherapy institutions
- Child and adolescent psychiatric facilities
- Centers for persons with developmental disabilities
- Neurology clinics
- Facilities for senior adults and geriatric clinics
- Oncology clinics and rehab centers
- Pain and palliative care clinics
- Schools and childcare centers
- Psychosocial care centers
- Community-based health programs
- Private practice
YOUR PATH TO OUR PROGRAM

The program “Master of Arts in Dance Movement Therapy” starts yearly on October 1st. We look forward to your application. You can apply online beginning November 1st at www.hochschule-heidelberg.de/en/services/online-application/.

Admission requirements
We admit applicants with a completed Bachelor’s degree (or comparable/higher degree) of at least six semesters’ duration, in the humanities, social sciences, or the arts. Applicants from other fields may also be considered, if they have a strong background in a movement modality.

The online application requires you to upload the following:
- Curriculum vitae/résumé
- Copy of your university entrance qualification (A-levels, high school diploma etc.)
- Copy of your bachelor’s transcripts
- Copy of your bachelor’s certificate/diploma
- Proof of English skills

In stage two you will be asked to submit an application letter, detailing your motivation to study with us. This stage will also include a personal assessment process involving an interview and an evaluation of your moving/dancing skills. During this process we will evaluate both your therapeutic and your artistic skills.

Questions?
We are happy to advise you by phone or in person (by appointment). You can reach us by phone at +49 (6221) 8223-013, or by email: therapiewissenschaften@hochschule-heidelberg.de.

Please visit us on our information days scheduled throughout the year for our Dance Movement Therapy program. These dates are posted on our homepage.
If you want to study Dance Movement Therapy, please contact:

SRH University Heidelberg, School of Therapeutic Sciences
Dance Movement Therapy M.A.
Maria-Probst-Straße 3
69123 Heidelberg, Germany

Phone: +49 (6221) 8223-013
Email: therapiewissenschaften@hochschule-heidelberg.de
www.hochschule-heidelberg.de
DANCE MOVEMENT THERAPY, M.A.

Duration
- Two years (full-time)

Start date
- Yearly, beginning October 1

Admission requirements
- Bachelor’s degree (or equivalent) from an accredited institution of higher learning (minimum: six semesters) in a social or human science or dance
- Personal assessment process
- Course language: English
- Proof of English: IELTS 6.5/TOEFL 80 or other proof of English proficiency

Degree
- Master of Arts (Dance Movement Therapy), 120 ECTS

Tuition Fees
- 690 EUR per month
- One-time registration fee of 750 EUR or 1,000 EUR for applicants from countries with visa obligations. For payment regulations see more details on our website.
Dieser QR-Code verbindet Ihr Mobiltelefon direkt mit unserer Internetseite.

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69123 Heidelberg
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